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## Assisted Living for Seniors



*Brendan Stormo likes having a business that he feels makes a difference in people's lives. TriValley Assisted Living helps seniors with various types of household duties, and caters to each client's individual needs.*

**August 9 – By Milt Bullard – Correspondent  
The Brentwood Press  
[www.brentwoodpress.com](http://www.brentwoodpress.com)**

**You listen and you hear Brendan's empathy for people. Started last February, Jane and Brendan Stormo's new Brentwood business, TriValley Assisted Living, is, he says, their chance to "help the community in Brentwood, give something back," allowing them to "come home at the end of the day and know you've made a difference in someone's life."**

Devoted to "helping seniors enjoy life at home," the Stormo's non-medical caregivers offer area elderly a range of hourly to live-in services that include housekeeping and laundry, errands and transportation, as well as companionship and assistance in most of the activities of daily living. Among TriValley's staff specialties are cooking, home and yard maintenance, recreation, medication reminders, bathing assistance, clothes maintenance, and help with bill payments, phone, mail, and reading.

Part of the Senior's Choice network, TriValley Assisted Living tailors its services to individual client needs, typically determined by initial assessments. All staff caregivers are screened, bonded and insured, with Brendan always available to his clients and their family members.

A Wisconsin native who majored in business and accounting but was "looking for a massive change" in his life, at the age of 25 Brendan packed up and drove to California in 1996 "to be a nanny." Through an MCI operator he got to know, he learned of the Palo Alto wife and mother whose husband had died, leaving her with a business to run and three boys to raise. Helping her was, he says "my exposure to in-home care."

"It's amazing how things work," Brendan adds, noting that a year of caring for five, seven and eight year old boys "taught me a great appreciation of what mothers do day-to-day." Calling himself "an entrepreneur since I was eight," he also says, "when the boys were not around, I taught myself how to do web pages." In addition to owning his own web service company, Brendan's "internet world" experience included a stint at ETrade.

With an older brother plus two older and four younger sisters, care at home is nothing new to Brendan. To their senior service, Jane, whom he met in 1999 "through a mutual friend," brings both a master's degree and expertise in hospitality services. And apart from growing their business, Jane and Brendan enjoy "gardening, walks, travel when there's funds, and reading."

To learn more about TriValley Assisted Living, call Jane and Brendan Stormo at 516-6636, email them at [bstormo@tval.net](mailto:bstormo@tval.net), or visit their web site at [www.tval.net](http://www.tval.net).