

## PALS provides senior care solutions in Farmington area

### *New business opens at Quality Center Special to Senior Living*

FARMINGTON – Where does one turn if they are an older person who needs help with simple, everyday tasks? Or, perhaps they are an adult child juggling the needs of elderly parents, children and the demands of work.

One solution to those difficult situations is to call Partners Assisted Living Services, Inc., a new business now open to serve seniors and their families in the Farmington area.

Partners Assisted Living Services, Inc., (PALS) brings the concept of companion care to the area. Companion care provides assistance with routines household tasks such as housekeeping, laundry and meal preparation in combination with personal care services such as assistance with dressing and grooming and medication reminders. To round out the services, PALS also provides incidental transportation for appointments, shopping and just for fun. All services are individualized through an assessment with the client and his or her family to make sure that the client is receiving exactly the services they need.

Services are provided by a friendly caregiver with the goal of forming a long-term companion relationship with the client. Each caregiver is bonded, insured and undergoes a background check. In addition, all caregivers receive both initial and ongoing training on caring for the elderly. Caregivers are closely supervised to provide support for the client and caregiver.

“The heart of our services is our caregivers,” said Judy Castleberry, client services director. “Each caregiver is selected for his or her personality as well as skills. The idea is that our caregivers become long-term companions in order to provide supportive services that keep our clients as independent as possible.”

The story behind PALS is also a story of long-term friendship. Castleberry and Office

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PALS Client Services Director**

Manager, Pam Hyder have been friends since they met at Hermosa Junior High many years ago. After graduating together from Farmington High School, their roads diverged. Hyder became a legal assistant in the Farmington legal scene. Castleberry was involved in the development of The Bridge at Life Care Center of Farmington.

PALS is a combination of Hyder’s skills as office manager and Castleberry’s experience in senior care. From both personal and professional experience, both partners knew there was a need in the Farmington area for supportive services for older people struggling to maintain their independence.

“In the many years I was involved in long-term care, I have seen a dramatic rise in the acuity of residents,” Castleberry said. “As hospitals discharge earlier and earlier, nursing homes and assisted living facilities are forced into the role of taking care of much sicker people. And, while there is a definite need for that level of acuity, no one goes through life saying ‘I can’t wait to leave my home.’”

Partners Assisted Living Services, Inc., is a member of The Senior’s Choice, a national companion care organization that has been providing senior services for 20 years.

PALS is located at the Quality Center for Business at San Juan College, 5101 College Blvd, Suite 5058.

***For more information, call 505/566-3747.***